Take the StrengthsQuest Assessment

The StrengthsQuest instrument provides you the opportunity to discover your natural talents and begin to explore how to build on them to achieve your personal and career goals. Provided by the Gallup Organization, this online assessment identifies your Top 5 talents and then provides examples of how you may be able to build upon those strengths and leverage them to maximize your success.

To get started, you will need to take the StrengthsQuest instrument which can be accessed at http://www.strengthsquest.com. Select “Redeem Access Code” from the top right and enter your unique access code. This code will be provided to you by the Center for Leadership and Involvement via email. You will then need to register for a “new account” with your UChicago email and verify that email. When your account creation is complete, you can begin the assessment. It will take approximately 15-20 minutes to complete the entire instrument.

Attend an Intro to Strengths Workshop

If you would like to explore your results with a trained StrengthsQuest Facilitator, you can sign up for our either a brief 1:1 meeting with a member of UChicago Leads staff or a longer group session. Both options will offer you the opportunity to learn more about the StrengthsQuest instrument, explore the significance of your own results, and strategize for how to best utilize your Strengths moving forward.

To learn more about StrengthsQuest, please visit our website at www.leadership.uchicago.edu.

To sign-up for one of our workshops, please first complete the assessment. Then fill out the form here: https://forms.gle/m26AkH1YDR161sbk6